

# International Exam Mental Health & Psychosocial Support Cases Management



## Introduction

Mental Health and Psychosocial Support Case Managers is a comprehensive program designed to meet the educational needs of case managers and/or administrative leadership and support personnel involved in the day-to-day functions of case management.

Jointly provided by Tlogia College - UK and Al-Araby for Mental Health.

Arabic version released in March 2021. The estimated time to complete the entire course is 25 hours.

This activity was designed to meet the educational needs of registered Psychologist and social workers.

Interns can earn up to 25 contact hours for continuing education Clinical Psychologist and social work, or an MHPSS® certification.

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## **Educational Opportunities: MHPSS/CM**

#### After completing this activity, trainees should be able to:

- Describe the scope of services, practice, and education for case management.
- Discuss professionalism, accountability, responsibility, and advocacy as they relate to case management.
- Discuss the ethical principles and standards that apply to case management practice.
- Discuss medical and legal topics related to the practice of case management.
- Explain the importance of trauma-informed care and utilizing the knowledge of social determinants of health to better care for patients across the continuum of case management.
- Describe aspects of care coordination, transition management, utilization management and resource management across the continuum of case management
- Classify patient status, level of care.
- Express how Diagnosis Related Groups Accountable Care Organizations
- Explain the intricacies of paediatric case management and describe the specialized case management process in place for the paediatric patient populations
- Discuss the various practice models for case management, their appropriate accountability measures, and analyse effective case management leadership styles.
- Describe case management within the health plan and discuss case management responsibilities as they apply to risk analysis and coordinated care
- Explain the differentiating aspects of community care management and how to collaborate with care setting sucrose the continuum of case management

## **Training Plan**

The certified course manual provides in-depth training of key topics for case management departments, including:

- Scope of Services, Practice and Education
- The Professional Case Manager
- Ethics
- Medical and Legal Topics
- Behavioural Health and Social Determinants
- Key Tenets of Care Coordination
- Care Coordination Across the Continuum
- Patient care Classification
- Referral Management
- Utilization Management
- Resource Management
- Emergency Preparedness for Case Managers
- Case Management Leadership
- Effective Child Case Management
- Care Plan Case Management
- Community Care Management

## **Instructions For Obtaining Credit**

#### During the period available for credit participants must:

- 1) Read the learning objectives and disclosures.
- 2) Study the educational activity
- 3) Complete the post-test and evaluation form.
- 4) Complete the masterpiece Project form.

Post-test & masterpiece will be automatically graded, and scores of 80% or higher are considered passing.

Once all modules within a course have been completed and passed, an evaluation form must be completed, and a certificate will be made available.

**NOTE:** If you receive a score of 79% or less, you will receive a message notifying you that you did not pass the post-test.

The participant may retake the post-test until passing it.

## **Basic Competencies**

#### The exam measures the following basic competencies:

- Case management in the medical and counselling direction within community mental health clinics.
- Case management in psychosocial protection strategies related to emergency conditions.
- Case management in special topics in mental health and social support such as community mental health education.
- Case management in dealing with diagnostic evidence of mental health disorders.
- Case management in the graduation project based on competencies.

## **Fellowship Project**

A practical requirement for graduation, lasting four weeks, aimed at professionalization and putting the study into practice in order to assume responsibility and focus on providing participants with a learning opportunity that depends on their personal effort to deal with one of the concepts that have been studied through community centres available, so that they are required to submit a graduation project within specific specifications and standards and monitor It has 15% of the final mark.

#### **Beneficiaries**

The exam is open to all, and it is preferred for people who have mastered the following skills:

- Holders of a scientific degree in one of the following disciplines: (Psychology, Sociology, Medicine, Nursing, Physiotherapy)
- Reasonable knowledge of English
- The affiliate must have the responsibility and self-motivation to join the program